

# Camp Fit 2022 Themes

## **Week 1: June 1 - 3**

**Summer Kick Off:** School is done, bring on the fun! We kick off the summer learning about one another, setting goals and having fun!

## **Week 2: June 6 – 10**

**Express Yourself:** This week is all about self and the arts. Kids will explore multiple mediums for self-expression through painting, use of clay, acting, sketching/drawing, dance, and more. Whether it's goofy, joyful, frustration, love, etc. kids who attend this week of camp, will learn ways to explore and express themselves during this creative arts week.

## **Week 3: June 13 – 17**

**Game Creators:** B-I-N-G-O! Tag – you're it! Board Walk and Park Place. Roll the dice, toss the Frisbee, and get ready to create your own version of your favorite games whether it's board games, card games, field games and more. Campers will be given a variety of materials to design and build their own game, creating the rules and gaming pieces will all be from the master builder's imagination.

## **Week 4: June 20-24**

**VBS: Monumental: Celebrating God's Greatness:** Go off-road for a Monumental adventure through the colorful canyons and sunbaked trails of the southwest. By exploring God's awesomeness, kids form rock-solid faith for the road ahead. Kids will enjoy (5) days of awesome Bible adventures, music & science experiments while playing high-energy games and learning cool ways to live in faith!

## **Week 5: June 27 – 1**

**Who's Your Hero:** Recognize everyday heroes. Campers will design their own superhero, creating their superhero name, costume, and superpowers! Each day, campers will work to earn a superhero badge presented on the last day.

## **Week 6: July 5 – 8**

**Artful Antics:** This week is EVERYTHING ART! From coloring & crafts to collages representing themselves, kids will explore self-expression using various art tools, while competing for the title of "Most Creative".

## **Week 7: July 11 – 15**

**Lights, Camera Action:** This week is all about the Lights! Camera! Action! Inspired by the world of movies, campers will experience what it is like to create a script, to film a movie, to become an actor or actress, and to sit back and enjoy the show! Get ready to be entertained!

### **Week 8: July 18 – 22**

**Wild & Wacky Week:** Join us this week as we explore new themes each day and embrace our fun, weird and wacky sides! Kids are encouraged to embrace their silly sides by participating in our funny & weird themes designed to explore our unique selves!

### **Week 9: July 25 – 29**

**Challenge Week:** During this week we will explore various types of challenges. From food to fitness, campers will enjoy participating in new things & crazy concoctions! We'll end our week with the ultimate challenge, a COLOR WAR!

### **Week 10: Aug 1 – 5**

**Foam-tastic Summer Bash:** Our last week of camp will be filled with fun, food & FOAM! From water-balloon volleyball and relay races to camp shirt signing and camp awards, this is sure to be a summer to remember! And for our last hoorah... *A FOAM DANCE PIT!*